

Junior League of Rochester, in partnership with the Eastside Family YMCA, presents...

Sponsored in part by
Wegmans Food Markets



Saturday, March 3rd from 12-5 pm
at the Eastside YMCA, Penfield

Attend an exercise class, meet our
licensed nutritionist and learn how to
make healthy snacks.

**FREE for the
whole family!**

The first 100
girls in grades 7-12 will
receive a free gift bag,
including a pedometer!